

Turnip Truck

deals

July 1st – 31st, 2025



Steak Kebobs

\$15⁹⁹ /LB!



Waterloo Sparkling Water
8/12floz

2/\$7

Turn up the heat, not the price!

True Grace Electrolytes
single stick

\$1⁴⁹

you save 0.50¢!



Mountain Valley
25.36floz

\$2²⁹

you save \$1.00!



JonnyPops
8/14.8oz

\$4⁶⁹

you save \$2.30!



Cherries

\$7⁹⁹

Seasonal!



Corn

5/\$4

¢80/each!



Organic Watermelon Chunks

\$9⁹⁹

1lb



Kettle Chips with Avocado Oil
5.25oz

\$2⁹⁹

you save \$1.30!



Yazoo Brewing Company
Italian Pilsner - 6/12 OZ

\$11⁴⁹



Primal Kitchen
Golden BBQ Sauce
8.5oz

\$4⁶⁹

you save \$1.80!



Look for new deals in **July!**

**Annie's
Organic Mac & Cheese**

selected varieties - 6oz

\$2⁹⁹

you save \$1.80!



**Napa Valley Naturals
Organic Cold Pressed Ex
Virgin Olive Oil**

25.4oz

\$19⁹⁹

you save \$7.50!



**A. Vogel
Organic Herbamare Sea Salt**

\$6⁷⁹



**Follow Your Heart
Vegenaise**

selected varieties - 14oz

\$4⁹⁹

you save \$2.00!



**Stacy's
Pita Chips**

selected varieties
7.33oz

\$3⁴⁹

you save \$1.00



SAVE S'MORE
on summer faves!



**Tony's Chocolonely
Chocolate Bar**

selected varieties

6.35oz

\$4⁶⁹

you save \$1.80!



**Annie's
Organic Graham Crackers**

selected varieties - 14.4oz

\$3⁹⁹

you save \$3.30!



**Dandies
Vegan Marshmallows**

selected varieties - 10oz

\$3⁶⁹

you save \$1.60!





BLOOMSBURY

ORGANIC FARM

Smyrna, Tennessee

"We produce the finest sprouts & wheatgrass in Tennessee using organic seed & growing methods. We distribute our products to wholesale & retail locations, & you'll find them in local grocery stores, such as Turnip Truck!"

Lauren Palmer

Owner, Bloomsbury Farms

Late July Tortilla Chips

selected varieties
7.8oz

\$3.79

you save \$1.20!



Barnana Organic Plantain Chips

selected varieties
5oz

\$3.99

you save \$1.50!



From The Ground Up Cauliflower Crackers

selected varieties - 4oz

\$3.69

you save \$1.00!



So Delicious Organic Coconut Milk

selected varieties
32oz

\$2.99

you save \$1.00!



So Delicious Organic Coconut Milk

selected varieties
64oz

\$4.99

you save \$1.70!



So Delicious Frozen Dessert

selected varieties
16oz

\$4.99

you save \$1.80!



Smooth, creamy, and always dairy-free. Try our artfully crafted beverages, creamers and desserts. They are all dairy-free, Certified Vegan and Non-GMO Project Verified. That's the art of dairy-free.

Organic Red Plums



\$3.99 /lb

Organic Broccoli Crowns



\$2.99 /lb

Organic Heirloom Tomatoes



\$5.49 /lb

Organic Grape Tomatoes
1 pint



\$3.49

Blueberry Pint
ea



\$3.99

Tomato Season!

July is the month for tomatoes! so be on the lookout for your favorite tomatoes from our local farmers including Bloomsbury Farms and Signal Mountain Farms!



Organic Yellow Nectarines



\$4.49 /lb

Organic White Nectarines



\$5.69 /lb

Organic Strawberries
1lb



\$5.49

Organic Honey Mangoes



\$0.99 /lb

Watermelon
eac



\$6.49

Organic Blueberry Pint
ea



\$4.99

Evan Healy Rose Hydrosoul

4oz



\$28⁹⁹

you save 3.00\$!

Himalaya Shilajit Capsules

60ct



\$15⁹⁹

you save \$4.00

Himalaya Party Smart Gummies

12ct



\$19⁹⁹

you save \$7.00!

Zum Sea Salt Room & Body Spray

4oz



\$9⁹⁹

you save \$2.00!

HIBAR Moisturizing Shampoo Bar

3.2oz



\$9⁹⁹

you save \$3.50

HIBAR Moisturizing Conditioner

3.2oz



\$9⁹⁹

you save \$3.50!

True Grace Electrolyte Powder Watermelon Single Stick



\$1⁴⁹

BOGO!

Kokora Turmeric Regenerative Organic

60ct



\$31⁹⁹

you save \$7.00!

Megafood Magnesium Powder Drink Mix

200g/50 servings



\$22⁴⁹

you save \$5.50!

Dr. Mercola Vitamin C Liquid

15.2oz



\$21⁹⁹

you save \$7.00!

New Chapter Liquid Multivitamin Orange Mango

30oz



\$34⁹⁹

you save \$5.00!

Badger Adventure Sport Mineral 50 SPF

2.9oz



\$15⁹⁹

you save \$3.00!

Buried Treasure Fulvic Mineral Drops

2oz



\$21⁹⁹

you save \$2.00!

Oregon Wild Harvest Aller-Aid with Quercetin

30oz



\$34⁹⁹

you save \$5.00!

Aura Cacia Bath Salt - Relaxing Lavender

2.9oz



\$2⁹⁹

you save \$80!

WATERMELON REFRESHER!



INGREDIENTS:

- 1 qt Watermelon Chunks (could be either organic or conventional)
- 4 tablespoons of Coconut Water*
- 1 tablespoon Agave*
- 1 peeled whole lemon*
- 8 sprigs of Mint*
- 1/4 teaspoon Kosher Salt

INSTRUCTIONS:

- Peel the watermelon and remove all rind and white pith. Cut into bite-sized chunks.
- Peel the lemon completely, removing as much white pith as possible. Cut into chunks.
- Using a juicer, process the watermelon, lemon, and mint together.
- Stir in the coconut water, agave, and kosher salt.
- Pour the juice into a shaker bottle or lidded container and shake well to combine.
- Pour over ice and garnish with a lemon slice and mint sprig.

TIP: This drink is ultra-refreshing and hydrating—perfect for hot summer days. Prep it ahead of time in a water bottle, give it a good shake, and keep it chilled in the fridge for an easy grab-and-go cooler!

GET THEM AT
TURNIP TRUCK!

Organic Lemons
each



\$1.09

Organic Strawberries
1lb



\$5.49

Watermelon Chunks



\$5.99 /lb

WholeSome Raw Blue Agave
23.5oz



\$9.99

Morton Kosher Salt



\$4.99

Organic Blueberry Pint
8oz



\$1.79

REBBL
Organic Functional Beverage
 selected varieties - 12oz



\$3.99

you save \$1.00!

Milkadamia
Macadamia Milk
 selected varieties - 32oz



\$5.49

you save \$1.20!

Forager Project
Organic Cashewmilk Yogurt
 selected varieties



\$4.79

24 oz

Vital Farms
Butter
 selected varieties - 5.3oz



\$1.69

you save \$0.50!

Ithaca
Hummus
 selected varieties - 10oz



\$3.99

you save \$1.50!



Organic Valley
Organic Cheese
 selected varieties
 8oz

\$4.99

you save \$2.00!



Organic Valley
Organic String Cheese
 8oz

\$5.79

you save \$2.20!



Organic Valley
Organic Shredded Cheese
 selected varieties
 6 oz

\$3.99

6 oz



Find your favorite
 Waterloo flavor at your
 local independent
 retailer, now available
 in select sizes!



Cheese You'll Melt Over.

Whatever cheese you are
 craving, there's a delicious,
 flavorful Organic Valley
 cheese for nearly every
 occasion. And they're all
 made with organic milk
 from pasture-raised cows.
 Enjoy!



BEYOND MEAT®

At Beyond Meat, we believe there is a better way to feed our future and that the positive choices we all make, no matter how small, can have a great impact on our personal health and the health of our planet. By shifting from animal to plant-based meat, we can positively impact four growing global issues: human health, climate change, constraints on natural resources, and animal welfare.



**Beyond Meat
Beyond Burger**
8oz

\$4⁹⁹

you save \$2.00!



**Beyond Meat
Beyond Sausage**
selected varieties
14oz

\$6⁹⁹

you save \$2.50!

**Rudi's
Organic Bread**
selected varieties - 22oz



\$4⁹⁹

you save \$1.50!

**Udi's
Hamburger Buns**
selected varieties - 10.4oz



\$4²⁹

you save \$1.70!

**Field Roast
Plant-Based Sausages**
selected varieties 12.95oz



\$5⁹⁹

you save \$1.00!

Hot Honey Crispy Chicken Sandwiches

45 MIN • SERVES 4 • TRADITIONAL

INGREDIENTS

- 4 breaded chicken breasts
- 4 hamburger buns
- 4 tablespoons mayonnaise
- 1 ½ cups kale slaw
- 1 red onion, thinly sliced
- 4 tablespoons unsalted butter, softened
- ½ cup honey
- 1 teaspoon crushed red chilies
- 1 teaspoon smoked paprika
- ½ teaspoon cayenne pepper

DIRECTIONS

- 1 In a small saucepan, combine hot honey ingredients and warm over low heat for a few minutes to infuse honey with spices. Turn off heat and set aside.
- 2 Prepare chicken breast based on package instructions.
- 3 Spread butter on buns and toast in a large skillet on low until golden.
- 4 Spread mayonnaise on the top bun and assemble sandwich with slaw, chicken, onions, and hot honey. Serve promptly.



**Alexia
Sweet Potato Fries**
11oz



\$4⁹⁹

you save \$1.30!

**Alden's
Organic Ice Cream**
selected varieties - 48oz



\$8⁹⁹

you save \$1.00!

Maple Avenue
Tortellini and Vegetable Salad

1lb

\$10⁹⁹



Maple Avenue
Rainbow Pasta Salad

1lb

\$10⁹⁹



Maple Avenue Orzo
Roasted Tomato and
Caper Salad

\$8⁹⁹



Cafe Spice
Chicken Curry Meal

16oz

\$8⁹⁹



Cafe Spice
Butter Chicken Meatballs Meal

16oz

\$8⁹⁹



Shrimp Kebobs

\$14⁹⁹



you save \$1.00!

Pork Boston
Butt

\$5⁹⁹

you save \$1.00!



Pork Baby Back
Ribs

\$4⁹⁹

you save \$1.00!



Farmer Focus
Organic Chicken BLSL Thighs

8/1.25lb

\$7⁹⁹



Applegate Farms
Organic Oven Roasted Turkey

12ct/6oz

\$8⁹⁹



Applegate Farms
Organic Smoked Turkey

12ct/6oz

\$10⁷⁹

you save \$2.20!



Applegate Farms
Grilled Chicken Strips

12ct/8oz

\$7⁹⁹

you save \$2.99!



Force of Nature
Grassfed Ground Bison

6ct/14oz

\$13⁹⁹



Force of Nature
Grassfed Bison Sirloin Steak

4ct/8oz

\$14⁹⁹



Hickory Nut Gap
Smashburger Natural Blend

10ct/1lb

\$9⁹⁹

