

Turnip Truck



poppi
Prebiotic Soda
selected varieties - 12oz

2/\$4



deals

April 1st - April 30th, 2025



Organic
Strawberries
1lb

\$5.99

19 oz

Get baking with these delicious deals

C2O
Coconut Water
selected varieties



2/\$4

Health-Ade
Organic Kombucha
selected varieties



2/\$7

OLIPOP
Prebiotic Soda
selected varieties - 12oz



2/\$4

American Health
Ester-C 1000 mg
with Citrus
Bioflavonoids - 90cap



\$22.49

you save \$6.00!

Boiron
AllergyCalm
selected varieties - 28oz



\$9.49

you save \$1.50!

Terry Naturally
Melatonin
5mg - 50 Chewable Tablets



\$9.99

you save \$2.00!

Wholesome Sweeteners
Organic Brown Sugar
selected varieties



\$5.49

you save \$1.20!

Mavuno Harvest
Organic Dried Fruit



\$3.29

you save 50¢!

Think! High
Protein Bars
Selected Varieties



\$2.59

you save 40¢!

LETTUCE!

A 2018 study published in Neurology found that eating one serving per day of green leafy vegetables may help to slow cognitive (brain function) decline with aging.



Organic Green Leaf Lettuce

\$2⁹⁹

you save 50¢/ea



Organic Red Leaf Lettuce

\$2⁹⁹

you save 50¢/ea

Organic Celery
25

\$2⁹⁹

you save \$1.00!/ea



Organic Mini Cucumbers

1.13oz

\$1²⁹

you save \$4.49/pk?



Organic Green Onions

\$1²⁹

you save 50¢!



Organic Strawberries

1lb

\$5⁹⁹

you save \$1.00!



Organic Mandarin Halos

2lb

2/\$5

HOT DEAL!



**celebrate
Earth
Month**



**Manitoba Harvest
Organic Hemp Hearts**

12oz

\$12⁴⁹

you save \$2.00!



**Jovial
Organic Einkorn Flour**

selected varieties - 32oz

\$7⁹⁹

you save \$2.00!



**Spectrum
Organic Shortening**

24oz

\$12⁹⁹

you save \$2.00!



**SweetLeaf
Liquid Stevia**

4oz

\$12⁹⁹

you save \$3.00!

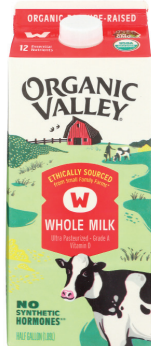


**Organic Valley
Organic Milk**

selected varieties - 64oz

\$5²⁹

you save 20¢!



**Lakewood
Organic Pure Carrot Juice**

32oz

\$6⁹⁹

you save \$1.30!



**Califia Farms
Better Half Creamer**

16.9oz

\$4⁴⁹

you save 80¢!



**Nuts for Cheese
Organic Dairy-Free Cheese**

Artichoke & Herbs - 4.2oz

\$6⁹⁹

you save \$1.50!



Coconut Hemp Protein Bites

10 MIN • MAKES 14 • GLUTEN-FREE, GRAIN-FREE, VEGAN

INGREDIENTS

- ½ cup raisins
- ½ cup roasted sunflower seeds
- ¼ cup sliced almonds
- ¼ cup walnuts
- ¼ cup protein powder
- 2 tablespoons maple syrup
- 2 tablespoons hemp hearts
- 1 tablespoon chia seeds
- ½ cup almond butter
- ½ cup shredded coconut

DIRECTIONS

- 1 In a food processor, place raisins, nuts, sunflower seeds, protein powder, maple syrup, hemp hearts, and chia seeds. Run machine until mixture is finely minced.
- 2 Place nut/seed mixture in a mixing bowl and work in almond butter until dough forms.
- 3 Scoop mixture into tablespoon amounts and roll into balls then coat in shredded coconut. Store in an airtight container in the refrigerator.



**R.W. Knudsen
Organic Just Black Cherry Juice**

32oz

\$6²⁹

you save \$1.00!



**Ripple
Plant-Based Milk**

48oz

\$5⁶⁹

you save 30¢!



**Earth Balance
Organic Vegan Buttery Spread**

\$7⁶⁹

you save \$1.20!



Hummus Veggie Melt

20 MIN • SERVES 2-4 • VEGETARIAN

INGREDIENTS

4 thick slices of artisan
sourdough bread
1/2-3/4 cup prepared hummus
8 tomato slices
8 slices of Havarti cheese
(approx. 8 ounces)
1/2 cup red onion, thinly
julienned
1/2 teaspoon black pepper
1 cup prepared fresh salsa

DIRECTIONS

- 1 Toast bread slices to desired crispness.
- 2 To assemble, spread hummus on each slice. Top each toast with a quarter of the red onion, 2 tomato slices, 2 slices of cheese, and black pepper to taste.
- 3 Broil tartines on high until cheese has melted and cooked to desired doneness.
- 4 Allow tartines to cool slightly and serve with salsa.



Kerrygold Butter

selected varieties - 8oz

\$4.99

you save 30¢!



Bitchin' Sauce Almond Dip

selected varieties - 7-8oz

\$5.49

you save 50¢!



Alexia Organic Fries

selected varieties
15-16oz

\$5.79

you save 50¢!



Rudi's Organic Bread

selected varieties - 22oz

\$5.79

you save 90¢!



Malk Almond Milk

selected varieties

\$5.69

you save 40¢!



MegaFood

SINCE 1973

At MegaFood, we use 50+ years of scientific expertise to create effective, planet-first vitamins and supplements. We are a Certified B Corporation and member of 1% for the Planet. Everything we do is driven by the belief in the power of plants to nurture your health and the planet's health.



MegaFood Magnesium
300 mg - 60ct

\$16.99



MegaFood Iron Blood Builder
30ct

\$11.99



MegaFood Whole Body Turmeric Curcumin
60ct

\$19.99

**Mary Ruth's
Liquid Multivitamin**
selected varieties

\$29.99

you save \$7.00!



**Nordic Naturals
Ultimate Omega
+CoQ10**

\$34.99

you save \$10!



**NOW
D-Mannose 500 mg**
120 vcap

\$18.99

you save \$6.50!



**Bluebonnet
Vitamin D3 & K2**
60ct

\$17.99

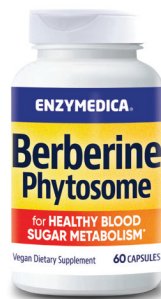
you save \$3.00!



**Enzymedica
Berberine Phytosome**

\$16.99

you save \$9.00!



**Redd Remedies
Sinuzyme**

\$25.99

you save \$6.00!



**Nordic Naturals
Zero Sugar Kids Multi
Gummies**

\$31.99

you save \$3.00!



**Terry Naturally
Curamin Headache**

\$15.99

you save \$3.00!



**Jarrow
Saccharomyces Boulardii +
MOS**
30ct

\$24.99

you save \$1.00!



**American Health
Ester-C 1000 mg with Citrus
Bioflavonoids**
90cap

\$42.99

you save \$8.00!



**Nordic Naturals
Ultimate Omega**
60ct

\$23.99

you save \$6.00!



**ACURE
Brightening
Facial Scrub**
4oz

\$7.99

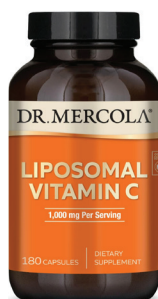
you save \$1.80!



**Dr. Mercola
Liposomal Vitamin C**

\$17.99

you save \$4.50!



**Dr Mercola
Fermented Garlic**

\$19.99

you save \$5.00!



**Dr. Mercola
Fermented Chlorella**

\$14.99

you save \$3.50!



**YOU'RE
INVITED!**

**TURNIP TRUCK
CHARLOTTE'S**

**5TH
ANNIVERSARY!**

**FREE SAMPLING FROM LOCAL VENDORS
SPECIAL BRUNCH MENU / KID ACTIVITIES
SWAG RAFFLE / LIVE MUSIC
GIVEAWAYS & MORE!**

**Turnip
Truck**

**APRIL 12TH
5001 CHARLOTTE
10AM - 4:30PM**

Turnip Truck

deals

April 1st-April 30th, 2025



Just Ice Tea
selected varieties

2/\$5



Hoplark HopTea
selected varieties

\$2.89
you save \$1.10!

Make memorable meals with these deals

Oatly
Frozen Dessert
selected varieties - 24oz

\$4.29

you save 50¢!



Quinn Snacks
Filled Pretzel Nuggets
selected varieties - 5.8-7oz

\$4.99

you save \$1.00!



Immaculate Baking Company
Organic Flaky Biscuits
16oz

\$5.99

you save \$1.50!



Hu
Organic Chocolate Bar
selected varieties - 2.1oz

\$4.49

you save 50¢!



Cascadian Farm
Organic Cereal
selected varieties
8.5-13.5oz

\$4.49

you save \$2.50!



Siete
Tortilla Chips
selected varieties - 5oz

\$4.89

you save \$1.10!



cocojune
Organic Coconut Yogurt
selected varieties - 16oz

\$6.29

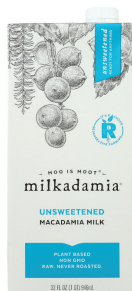
you save 80¢!



Milkadamia
Macadamia Milk
selected varieties - 32oz

\$4.99

you save \$1.00!



Califia Farms
Almondmilk
selected varieties - 48oz

\$4.69

you save 30¢!





**6oz Bourbon
Salmon
\$6.59/ea.**

**Fresh East
Coast Shrimp
\$10.49/lb.**



**Fresh Cod
\$10.49/lb.**



Billinski's Sausage
selected varieties



\$7.99

NEW!

Freedom Run Farm!

Born in the lush pastures of Kentucky, Freedom Run Farm has been able to develop a network of shepherds from the foothills of the Appalachia to multigenerational ranches in the Rockies that follow the farm's meticulous practices to ensure larger animals with superior marbling and the unique Freedom Run Farms flavor profile.



Freedom Run Farm
Lamb Shoulder Chop
1lb



\$23.99

Freedom Run Farm
1/2 Rack of Lamb
1lb



\$31.99

Freedom Run Farm
Lamb Leg Steak
1lb



\$14.99

NOT ALL LAMB IS EQUAL

Taste the Difference OF FREEDOM RUN FARM LAMB

100% AMERICAN LAMB:

DID YOU KNOW? Most lamb eaten in the U.S. is imported. Freedom Run Farm is 100% American. Our lamb is responsibly raised on multi-generational ranches across the country.

A CULINARY EXPERIENCE:

Rich, tender, and decadent red meat protein. Many people who think they don't like lamb find themselves enjoying Freedom Run Farm Lamb, thanks to its sweet and mild flavor.



Bring some small family farm goodness to your spring baking with Organic Valley. All Organic Valley dairy products are made with organic milk from pasture-raised cows for undeniably delicious flavor.



Organic Valley Organic Cream Cheese
selected varieties - 8oz

\$4²⁹

you save 70¢!



Organic Valley Organic Ghee
selected varieties - 7.5-13oz

\$8⁹⁹

you save \$2.00!



Organic Valley Organic Butter
selected varieties - 16oz

\$8⁹⁹

Slingshot Ready-to-Drink Multiserve



\$13⁹⁹

you save \$1.00!

REBBL Organic Functional Beverages
selected varieties - 12oz



\$4²⁹

you save 70¢!

Aiya Ceremonial Grade Matcha



\$16⁹⁹

you save \$3.00!



For plant-curious foodies seeking delicious and kinder food choices, Miyoko's Creamery is an organic plant milk creamery that crafts the world's finest vegan cheese & butter, empowering them to choose good food that nurtures good in our world.



Miyoko's Kitchen Organic Plant Milk Butter
8oz

\$5⁴⁹

you save 70¢!

Green Valley Organic Cream Cheese
8oz



\$4⁶⁹

you save 30¢!

Red's All Natural Burritos
selected varieties

2/\$5



Gaia Herbs
Turmeric Supreme Extra Strength
 60vcap



\$21⁴⁹

you save \$2.50!

Natural Factors
Whole Earth & Sea
Women's Multivitamin & Mineral
 60tab



\$24⁹⁹

you save \$15.00!



Dr. Bronner's
Organic Castile Liquid Soap
 selected varieties - 32oz

\$15⁹⁹

you save \$1.50!



DR. BRONNER'S
ALL-ONE!®

The Humble
Company Mint
Dental Floss Picks



\$2⁹⁹

you save 50¢!

Desert Essence
Toothpaste
 selected varieties - 6.25oz



\$5⁴⁹

you save \$1.40!

Acure
Brightening
Day Cream



\$13⁹⁹

you save \$3.00!



Vital Proteins
Marine Collagen
 8.5oz

\$25⁹⁹

you save \$7.50!

Amazing
Grass®

Today, we authentically craft our greens with the highest quality, plant-based ingredients in partnership with like-minded farmers from around the world. Each product is certified organic, Non-GMO and provides the whole food nutrition your body needs, taste you'll love and in convenient forms simple to enjoy.



Turnip Truck

Nashville Most Trusted Local!

www.theturniptruck.com